

What Was Paul Thinking?
Can I Ask You A Question? - Part 8
Brian E. Smith
November 2, 2025
Philippians 4:6-13

Philippians 4:7 (NLT) Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

1. _____ to _____.

Vs. 6 (NLT) Don't worry about anything

1 Peter 5:7 (NLT) Give all your worries and cares to God, for he cares about you.

Jesus tells us...

• **Worry is** _____

Matthew 6:25 (NLT) That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing?

• **Worry is** _____

Matthew 6:26 (NLT) Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are?

• **Worry is** _____

Matthew 6:27 (NLT) Can all your worries add a single moment to your life?

• **Worry is** _____

Matthew 6:30 (NLT) And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?

2. _____ about _____.

Philippians 4:6 (GW) Never worry about anything. But in every situation let God know what you need in prayers and requests while giving thanks.

James 4:2 (NIV) You do not have because you do not ask God.

Romans 8:32 (NIV) He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?

3. _____ in _____.

Philippians 4:6 (NLT) Tell God what you need, and thank him for all he has done.

1 Thessalonians 5:18 (NLT) Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus.

4. _____ with _____.

Philippians 4:8 (GNT) ...fill your minds with those things that are good and that deserve praise: things that are true, noble, right, pure, lovely, and honorable.

Isaiah 26:3 (NLT) You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!

5. _____ to be _____.

Philippians 4:11-12 (NLT) ...for I have learned how to be content with whatever I have. I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little.

Proverbs 14:30 (CEV) It's healthy to be content, but envy can eat you up.