

A Relationship Of Rest
Things Jesus Said – Part 4
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Mathew 11:28-30 (NIV) Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. **For my yoke is easy and my burden is light.**

Foundation

- **Yoke = relationship with Jesus**
- **Easy = good**
It's a statement of value, a comparison of value. Christ's yoke is very valuable because it leads to eternal life; the world's yoke is utterly worthless because it leads to death.
- **Light = compared to sin, guilt, anxieties of life**
Relationship with Jesus isn't easy but the burdens that come are far lighter than the burden of sin, guilt, and anxiety.

Relationship with Jesus is valuable and good, of greater value and easier to bear than what the world has to offer.

Application
(My response)

1. _____ **with Jesus.**
Vs. 29 Take my yoke upon you

2. _____ **with a passion.**
Vs. 29 learn from me
Ephesians 4:15 (NLT) ...growing in every way more and more like Christ.
1 Peter 2:2 (NLT) You must crave pure spiritual milk so that you will grow into a full experience of salvation.

3. _____ **self-reliance.**
Vs. 28 I will give you rest
Philippians 4:19 (NIV) And my God will meet all your needs according to the riches of his glory in Christ Jesus.

4. _____ **in** _____.
Vs. 29 You will find rest
Hebrews 4:16 (NLT) So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most.