

**Brian E. Smith**  
**July 3, 2022**  
**Be Happy - Part 5**  
**Learning to Be Happy**

**Philippians 2:19-30 (NIV)** I hope in the Lord Jesus to send Timothy to you soon, that I also may be cheered when I receive news about you. I have no one else like him, who will show genuine concern for your welfare. For everyone looks out for their own interests, not those of Jesus Christ. But you know that Timothy has proved himself, because as a son with his father he has served with me in the work of the gospel. I hope, therefore, to send him as soon as I see how things go with me. And I am confident in the Lord that I myself will come soon. But I think it is necessary to send back to you Epaphroditus, my brother, co-worker and fellow soldier, who is also your messenger, whom you sent to take care of my needs. For he longs for all of you and is distressed because you heard he was ill. Indeed he was ill, and almost died. But God had mercy on him, and not on him only but also on me, to spare me sorrow upon sorrow. Therefore I am all the more eager to send him, so that when you see him again you may be glad and I may have less anxiety. So then, welcome him in the Lord with great joy, and honor people like him, because he almost died for the work of Christ. He risked his life to make up for the help you yourselves could not give me.

**To grow in and learn to be happy I must choose to...**

- 1. Focus less on \_\_\_\_\_, more on \_\_\_\_\_.**  
**Philippians 2:20-21 (NIV)** I have no one else like him, who takes a genuine interest in your welfare. For every one else looks out for his own interests...  
**(GNT)** He...really cares for you...everyone else is concerned only with their own affairs.  
**Philippians 2:4 (GNT)** Look out for one another's interests, not just for your own.

- 2. Be \_\_\_\_\_.**  
**Philippians 2:22 (NIV)** Timothy has proved himself, because as a son with his father, he has served with me in the work of the gospel.

- 3. Work well with \_\_\_\_\_.**
  - Learn to \_\_\_\_\_.**  
**Philippians 2:25 (NIV)** I send back to you Epaphroditus, my brother, my fellow worker, and my fellow soldier, who is also your messenger, whom you sent to take care of my needs.
  - Learn to be \_\_\_\_\_.**  
**Philippians 2:25-26 (NCV)** ...I think now that I must send him back to you, because he wants very much to see all of you. He is worried because you heard that he was sick.

- 4. Live for something \_\_\_\_\_.**  
**Philippians 2:27,30 (NLT)** And he certainly was ill; in fact, he almost died. But God had mercy on him—and also on me, so that I would not have one sorrow after another. For he risked his life for the work of Christ, and he was at the point of death while doing for me what you couldn't do from far away.  
**Mark 8:35 (NIV)** For whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it.  
**(LB)** Only those who throw away their lives for my sake and for the sake of the Good News will ever know what it means to really live.