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Be Happy - Part 4

Exercises for a Happy Heart

Philippians 2:12-13 (NIV) **Work out** your salvation with fear and trembling, for it is God who works in you to will and to act in order to fulfill his good purpose.

Five Workouts for a Happy Heart

1. _____ **God is with me, in me, and for me.**

Philippians 2:13 (NLT) God is working in you, giving you the desire and the power to do what pleases him.

Romans 8:31 (NCV) If God is for us, no one can defeat us.

2. **Be** _____ **and don't grumble!**

Philippians 2:14-15 (CEV) Do everything without grumbling or arguing. Then you will be the pure and innocent children of God. You live among people who are crooked and evil, but you must not do anything they can say is wrong. Try to shine as lights among the people of this world.

1 Thessalonians 5:18 (CEV) Whatever happens, keep thanking God because of Jesus Christ. This is what God wants you to do.

3. _____ **my conscience clear.**

Philippians 2:15 (NLT) Live clean, innocent lives as children of God, shining like bright lights in a world full of crooked and perverse people.

Psalms 119:1-2 (NLT) Joyful are people of integrity, who follow the instructions of the Lord. Joyful are those who obey his laws and search for him with all their hearts.

4. _____, _____, and _____ **God's word.**

Philippians 2:16 (NLT) Hold firmly to the word of life...

Psalms 119:16 (GW) Your laws make me happy. I never forget your word.

Psalms 119:35 (NLT) Make me walk along the path of your commands, for that is where my happiness is found.

5. **Serve God by** _____ **others.**

Philippians 2:17-18 (NCV) Your faith makes you offer your lives as a sacrifice in serving God. If I have to offer my own blood with your sacrifice, I will be happy and full of joy with all of you. You also should be happy and full of joy with me.

Acts 4:12 (GNT) Salvation is to be found through him alone; in all the world there is no one else whom God has given who can save us.